



nurses
for sexual & reproductive health

ACE ELECTIVE Syllabus and Learning Objectives

Session 1: Abortion in Public Health

Learning Objectives:

- Describe the demographics of people who seek abortions, major obstacles to abortion access, limitations in the professional scope of practice for advanced practice clinicians, and recent trends in “TRAP” laws.
- Understand confidentiality regulations specific to unintended pregnancy prevention and care.

Session 2: Abortion 101

Learning Objectives:

- Demonstrate basic knowledge of types of induced abortion methods, including risks and benefits, which are legally available in the U.S.
- Describe the various elements of abortion care, including pain management, procedural basics, after-care, and follow up.

Session 3: Professionalism in Nursing

Learning Objectives:

- Practice effective communication skills that encompasses respect for of culture, sexual orientation and gender identity.
- Describe every provider’s professional responsibilities in providing sexual and reproductive health care.
- Identify personal beliefs which may interfere with provision of sexual and reproductive health care via a values clarification exercise and self-reflection.
- Understand the ethical principles of respect for autonomy, beneficence, non-maleficence, and justice as they relate to the provision of sexual and reproductive health care.

Session 4: Options Counseling

Learning Objectives:

- Demonstrate proficiency in providing pregnancy test results in an unbiased, patient-centered manner.
- Demonstrate proficiency in providing unbiased, client-centered pregnancy options counseling including parenting, adoption and abortion.
- Understand referral options for clients with unintended pregnancy to area providers and support services, including adoption, prenatal care, and abortion.



Session 5: Adoption

Learning Objectives:

- Describe the difference between closed, open, and mediated adoptions.
- Demonstrate knowledge of state and local adoption options and resources.
- Understand best practices and cultural competency in adoptions and adoption referrals.

Session 6: MVA and IUD Insertion Workshops

Learning Objectives:

- Demonstrate a basic understanding of manual vacuum aspiration and IUD insertion procedures.
 - *Note - this session is not intended to teach to competency. It is intended as an introduction to the skills involved in IUD insertion and manual vacuum aspiration for abortion and miscarriage management.

Session 7: Sexual and Reproductive Health

Learning Objectives:

- Identify nurses role in addressing sexual health.
- Demonstrate basic understanding of human anatomy and physiology related to conception and reproduction.
- Demonstrate proficiency in promoting sexual health self-care practices.
- Demonstrate proficiency in obtaining a complete health history (inclusive of sexual and reproductive history, sexual orientation, partner preference, and appropriate to the developmental level of client).

Session 8: Contraception

Learning Objectives:

- Demonstrate basic understanding of how contraceptive methods work, risks, benefits, alternatives, effectiveness, and eligibility.
- Practice essential counseling techniques (e.g. motivational interviewing, shared decision making and patient engagement) in provision of contraception care.

Session 9: At Risk Populations

Learning Objectives:

- Describe unique SRH needs of patients from vulnerable and marginalized populations (e.g. adolescents, women with mental or physical disabilities, survivors of violence) affected by many factors (e.g. relationship status, sexual orientation, gender identity, reproductive justice challenges, etc.).



nurses
for sexual & reproductive health

- Understand current state-specific laws regulating minors' access to reproductive care (including contraceptive access and abortion care).
- Practice assessing risk for intimate partner violence (including sexual violence and coercion) and making appropriate referrals.

Session 10: Reproductive Justice

Learning Objectives:

- Describe the concept "reproductive justice" and how it relates to sexual and reproductive health care.
- Demonstrate basic understanding of the history of reproductive INjustice in the U.S., including forced sterilization, unequal access to reproductive autonomy, racial discrimination, and socioeconomic oppression.
- Understand the reproductive justice framework and intersectionality.
- Describe future steps to improving nursing and advanced practice clinician education in sexual and reproductive health at your school, as well as nationally.