

**Nurses for Sexual &
Reproductive Health**

ANNUAL REPORT



2023 - 2024



nurses
for sexual &
reproductive
health

Lina Buffington,

Executive Director

2024 was a year of major growth for the organization. We have continued to grow our Team, expand our programmatic offerings, and refine our communications. As we move into the new year our primary focus is on enhancing our security in order to ensure that we are able to deal with evolving threats within the sector and keep our information and data systems safe and secure. We also look forward to being able to invest in growing our membership program and deepening the experience for existing members by welcoming a new Membership Director onto the Team. We know that our sector will need to face a number of challenges over the next several years as we continue to find ways to ensure that providers are able to give our communities the healthcare support that they deserve. This work has never been easy, and unfortunately is only going to get harder, but NSRH remains steadfast in our commitment to provide our community with the resources and support they need to continue their critical work.



Christy Alisea,

Deputy Director

As we reflect on the past year, 2023-24 has been marked by significant accomplishments for NSRH. We proudly welcomed a new Communications Coordinator, whose expertise will be foundational in articulating our mission and values, especially in light of the pressing challenges posed by the ongoing erosion of rights within the sexual and reproductive health sector. Additionally, the hiring of a dedicated Grant Administrator for the RHSC has enabled us to streamline our operations, ensuring that our commitments are met with excellence and accountability.

The launch of 'The Learning Hub' stands out as a testament to our commitment to education and accessibility, reaching not only our professional and student members, but also midwives, doulas, and the wider healthcare community as well. This innovative platform represents a step forward in our goal to empower the entire healthcare team with the knowledge they need to advance their education.

However, this growth has not come without its challenges. As we become more visible and impactful, securing our organization against external threats has emerged as a critical focus. We recognize that the landscape we operate in is fraught with complexities, and ensuring the safety and integrity of our mission is paramount.

Anna Brown,

Deputy Director of Programs

The NSRH Programs Team has a lot to celebrate as we reach the end of 2024! We finalized an 8-course SRH Certificate for RNs, LVN/LPNs and doulas. The certificate is currently available on our Learning Hub- our public education platform that was also launched in 2024. We have continued to invest in our nursing students by launching an inspiring cohort of Karen Edlund Future Nurse Leader Fellowship and have supported 5+ new NSRH chapters to establish themselves at universities across the nation. We continued to support nurses from across the nation to work in abortion care as part of our Abortion Nursing Corps and continue to offer thoughtful opportunities for members through our Online Institute, virtual events and podcast. While 2025 is sure to bring its challenges, I am grateful to be in community with so many amazing nurses, nursing students and healthcare professions committed to providing SRH in their communities.



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BIG PICTURE

**Take a look at some of our
topline accomplishments this
fiscal year.**



FINANCIALS

NSRH's spending went towards supporting our growing staff, re-vamping our platforms for our members to engage and learn, and creating impactful resources and educational events for our members!

Annual Revenue ————— **\$1,345,057**

Annual Spending ————— **\$1,044,774**



SOCIAL MEDIA REACH



With a more robust social media strategy, NSRH was able to expand our reach, increase engagement, and bring new followers and members into our community.



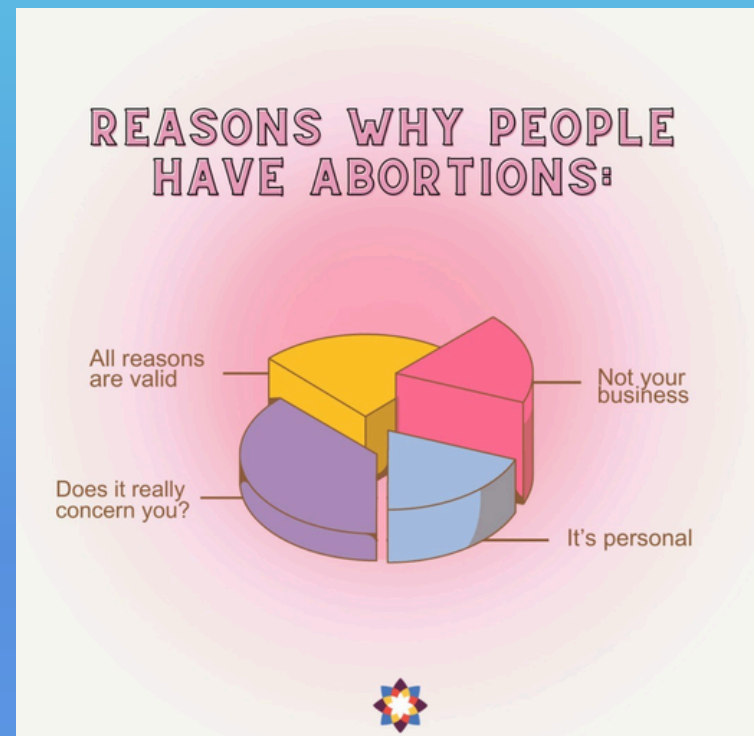
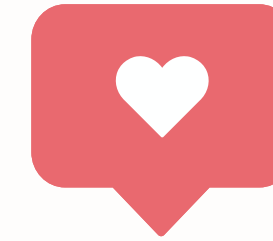
NSRH joined
 Bluesky
on 12/4/24

Total Followers

	Instagram	————	3,399
	Twitter	————	2,217
	LinkedIn	————	751
	Facebook	————	4.5K
	Threads	————	656



Most Liked to Posts | Total Likes:



Abortion is Healthcare Post
April 25, 2024

Total Post Interactions: 185
Total Likes: 127
Totals Shares: 41
Total Saves: 17



TAC Carousel Post
October 25, 2024

Total Post Interactions: 167
Total Likes: 121
Totals Shares: 26
Total Saves: 20



Nurses Week Campaign
May 13, 2024

Total Post Interactions: 142
Total Likes: 123
Totals Shares: 12
Total Saves: 5
Total Comments: 2



NSRH SRH Survey Post
June 19, 2024

Total Post Interactions: 111
Total Likes: 84
Totals Shares: 15
Total Saves: 12

NURSES FOR JUSTICE PODCAST



NSRH staff members Rosie Laine and Rimsha Syed created the ***Nurses for Justice*** podcast, which aims to celebrate and inspire people working in this sector by sharing stories to build **community, growth, and resiliency**. This podcast also gives our audience a **first-hand perspective on the many programs, courses, and educational series that NSRH has to offer**.

Statistics

- Streams: 342
- Followers: 157
- Impressions: 780





NEW TEAM MEMBERS JOIN NSRH



Tracy Yassini

RHSC Grant Admin & Project Coordinator

Tracy Yassini (she/her) brings over 25 years of experience to NSRH. She has deep experience with city and state funding, federal grants, corporations and foundations. Her efforts have secured funding for organizations and entities focused on education, community programs, environmental issues, rare disease research, indigenous communities, and many more worthy endeavors. Tracy held key leadership positions at larger “institutional nonprofits” such as City of Hope National Medical Center, the Muscular Dystrophy Association, and the American Heart Association - experiences which have fortified her ability to shape persuasive, solid grant proposals that get funded.

Carolina Alicia

Communications Coordinator

As a seasoned communications and marketing expert, Carolina brings over 5 years of experience in developing and implementing successful strategies to help organizations achieve their business goals. With a proven track record of driving brand awareness, increasing engagement and generating leads, Carolina is dedicated to delivering impactful and measurable results. Throughout her career, Carolina has worked with a diverse range of clients across various industries including healthcare, consumer goods and non-profit organizations.



EDUCATION

Between new courses added to the Online Institute to the launch of NSRH's Resource Library and the launch of our new Learning Hub, it was a year full of robust educational materials and events for both student and professional members!



ONLINE INSTITUTE



NSRH Online Institute fills a critical gap in nursing education by providing a user-centric online learning portal for nurses and nursing students to access **educational modules in sexual and reproductive health and justice including abortion care provision.**

Total Courses ————— **53**

Courses Added This Fiscal Year:

- **Birth Control Access in Pharmacies: Opportunities for Nursing Collaboration**
- **Grief**
- **Death**
- **End-of-Life Care: Lessons for Every Nurse**
- **Pregnancy and Infant Loss**
- **Infertility**
- **Grief: Navigating as Nurses**
- **Faith and Nursing: Navigating the Complexities of Spirituality within Nursing Care**
- **The Intersection Between Family Planning and Mental Health**

THE LEARNING HUB - LAUNCHING JANUARY 2025

NSRH's Learning Hub is a **tailored learning platform** designed to equip individuals, independent healthcare professionals and institutions with the knowledge and skills necessary to **advanced sexual and reproductive health (SRH)**. This flexible platform offers a variety of SRH courses **rooted in reproductive justice**. Whether you're seeking individual courses or bundled learning pathways, no membership is required.

The Learning Hub caters to diverse learning needs to equip an individual learner or an entire healthcare team all while earning CE credits! Our flexible options allow you to learn at your own pace and stay up-to-date on the latest SRH developments.



Benefits

- **Curates flexible options**
- **Select from individual CE courses or learning bundles**
- **Courses are designed specifically for nurses and other healthcare professionals**
- **NSRH Learning Hub - Institutional Access allows administrators to invest in their entire team's professional development**



Grief and Nursing: Caring for Patients; Caring for Yourself

Nurses, regardless of the setting we practice in, bear witness to, and experience grief first-hand. We support patients through a range of loss and transformational moments: whether that be life-changing diagnosis, pregnancy loss, trauma surrounding birth, or end of life care.

Moral Injury, Cumulative Care Taking Trauma and Post Traumatic Growth

Birth Trauma and Promoting Improved Postpartum Mental Health

Chronic Diagnosis and Nursing Empathy

Spiritual Grief in Nursing

Pregnancy Loss & Infertility

End of Life

TRAINING IN ABORTION CARE RESIDENCY (TAC)

As the nation's only hands-on abortion training residency for registered nurses, this residency aims to develop robust cohorts of nurses who are equipped to provide comprehensive SRH healthcare and advocate for expanded access in their communities. The TAC Residency accomplishes this through a combination of hands-on clinical experience, advocacy-building workshops, and individual, self-paced education. This program also aims to build local advocates, which is why residents must already live in the states of our clinical partners.

23-24 Cohort ——— **6**

Clinic sites ——— **2**





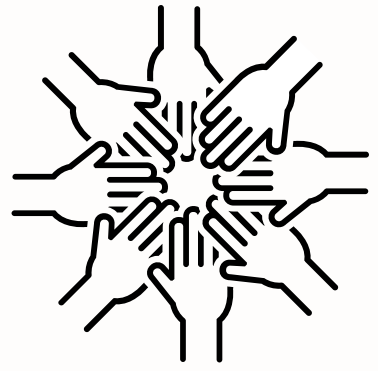
ABORTION NURSING CORPS (ANC)

NSRH's Abortion Nursing Corps is an 8-week travel nurse pilot that refers registered nurses to abortion clinics. By referring trained nurses to high-volume clinics, this program aims to support both clinics to remain adequately staffed to handle the increase in patient volumes and to utilize the knowledge of abortion care nurses who are committed to ensuring people receive compassionate, competent care.

Clinic Sites — 3

Participants — 3





ADVOCACY

NSRH has a multi-faceted approach to sexual and reproductive healthcare advocacy.





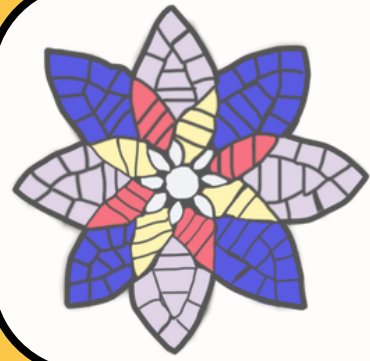
KAREN EDLUND NURSE LEADER FELLOWSHIP

The KE Fellowship fuels nursing students to leverage their power to become leaders in, reproductive rights and reproductive justice. We believe that through intentional support and development of nurses from historically excluded identities, we can shift the power structure of nursing and transform healthcare to not only include, but celebrate sexual and reproductive health.

Over the course of six months, fellows gain:

- An understanding of SRH, RJ, and RR
- Professional & leadership skills
- Relationships with key SRH providers and advocates
- Skills, tools, and resources for navigating the healthcare system and challenging white supremacy



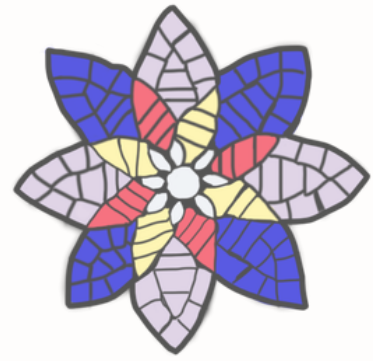


2024 KE LEADER FELLOWS

This year's KE Fellows come from many different backgrounds. One fellow is co-founder of 601 for Period Equity, a Mississippi-based nonprofit that distributes menstrual products and diapers to families in need. There is another fellow that serves their community as a doula and health educator. Another is a nurse with a diverse background spanning intensive care and maternal and newborn care. We also have one fellow that graduated with a self-designed major titled, "Global Women's Health in Asia: Culture, History, and Power".

NSRH is very proud to partner with these amazing future leaders and we are thankful for their passion and leadership within Sexual and Reproductive Health.





2024 KAREN EDLUND FUTURE NURSE AWARD

The Karen Edlund (KE) Future Nurse Leader Award recognizes exceptional student chapter leaders and was created as another way to honor Karen's lifelong commitment to sexual and reproductive health and her tenure on the NSRH Board of Directors.

Like Karen, Sofia is dedicated to advancing sexual and reproductive health, equity, and justice. She's especially passionate for the provision of safe and accessible abortion care through a nursing and midwifery lens. She serves as a member and co-president of Columbia University's NSRH. Through this experience, Sofia has been able to grow her passion and understanding of how to offer trauma informed collaborative sexual and reproductive healthcare for ALL patients. **Congratulations Sofia!**

**Sofia Rosenberg-
Klainberg**



ADVOCACY AND RESOURCES



NSRH celebrates and uplifts the many achievements of our diverse network of student and professional nursing members across the country.

Hispanic Heritage Month

AAPI Heritage Month

Pride Month

Indigenous Heritage Month

Black History Month

Abortion Provider Appreciation Day



LEGISLATION

The California Assembly and Senate passed the 2023 legislative package championed by the California Future of Abortion Council and introduced by the California Legislative Women's Caucus (LWC). The package strengthens existing measures to defend access to abortion care and contraception in California. NSRH is proud to be part of this important committee.

Six (6) of the measures in the bill list directly addressed recommendations made by the FAB Council to protect and expand access to abortion care in our state – three (3) were signed and three (3) were vetoed.

The 3 FAB priority bills that were signed into law by Governor Newsom included:

- **AB 2085 (Bauer-Kahan)**: This measure will streamline the clinic permitting process and improve enforcement of constitutionally protected access to care.
- **AB 2099 (Bauer-Kahan and McCarty)**: This bill will update the penalties for the FACE Act to protect reproductive health care clinics.
- **SB 233 (Skinner and Aguiar-Curry)**: This measure has allowed for licensed Arizona doctors to temporarily provide abortion and related care to Arizona patients traveling to California through November 30, 2024.



CONFERENCES

Several NSRH staff members were able to attend, present, and exhibit at conferences throughout the year!

Exhibited

- Abortion Care Network
- Society For Family Planning
- Black Maternal Health Conference & Training Institute (BMHC24)

Attended

- Abortion Care Network
- Society of Family Planning Annual Meeting (SFP)
- TEACH Conference



STUDENT ORGANIZING

Our Chapter Organizing Program is a nationwide community of nursing students and educators at nursing schools throughout the country that organizes and advocates for the inclusion of sexual and reproductive health, rights, and justice within nursing education.

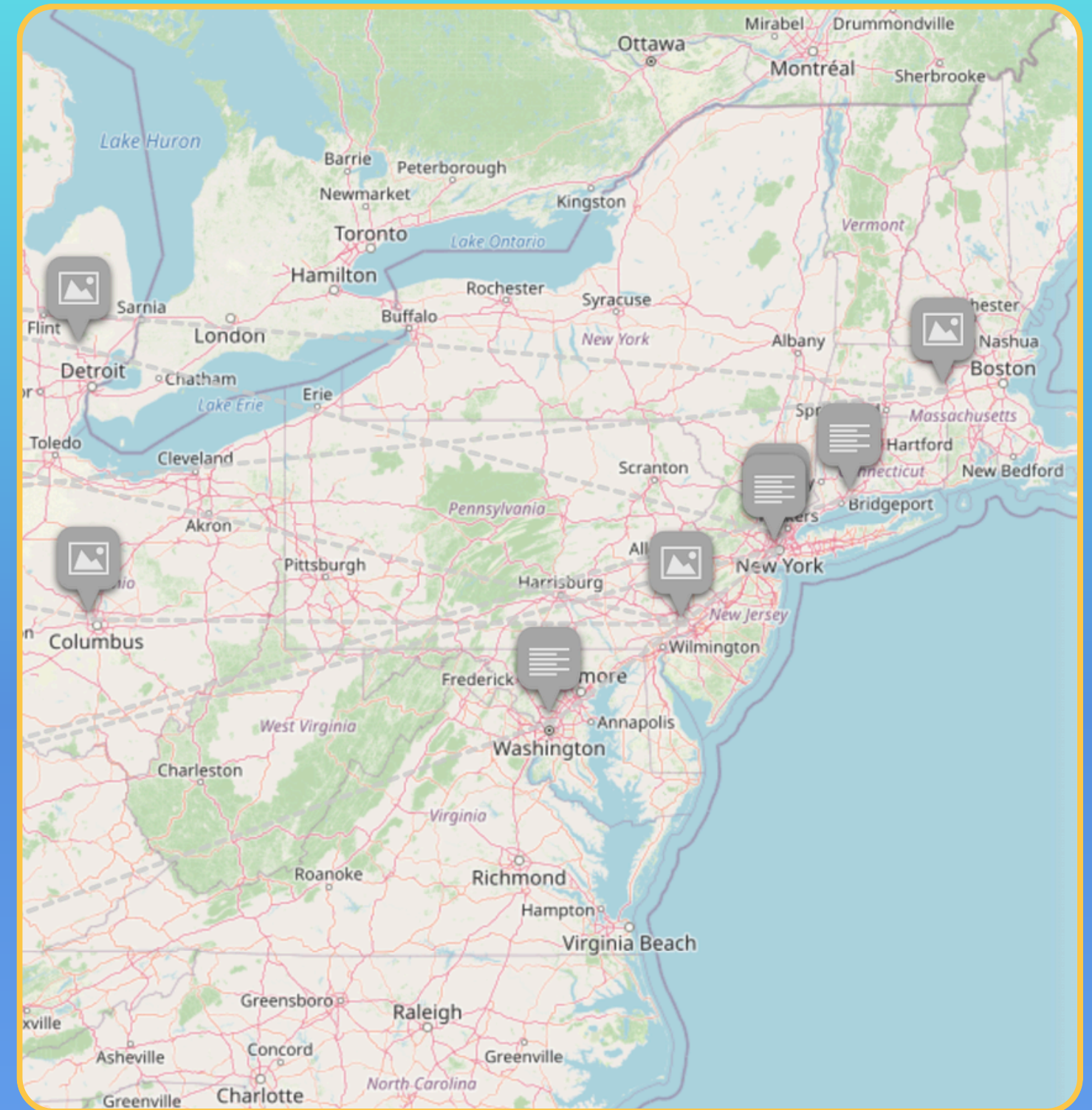


STUDENT CHAPTER MAP

This year, NSRH has updated the National Network Map, which is live on our website! This project highlights the achievements, history, and advocacy efforts of NSRH's student chapters. We're thrilled to watch this movement expand and support local chapters in their education and community-building events.

Total chapters: 19

New student members: 238





NEW STUDENT CHAPTERS

- UMASS Amherst
- Western Carolina University
- Rutgers School of Nursing
- Vermont State University
- George Mason University





FACULTY CORPS

The NSRH Faculty Corps is a national group of NSRH chapter faculty advisors dedicated to advancing and facilitating student-led SRH activism on their campus. They help us to build stronger ties to each of our campus chapter sites.

- Google Group for targeted NSRH email communications



35 MEMBERS

MEMBERSHIP



NSRH members are part of a trusted community that unites people, knowledge, and networks from across the nursing field to improve the health and wellness of our communities.





CELEBRATING

**First-Year Professional
Members: 55**

**Individual Members
in Organization: 3**

**Non-Nursing Student
Members: 12**

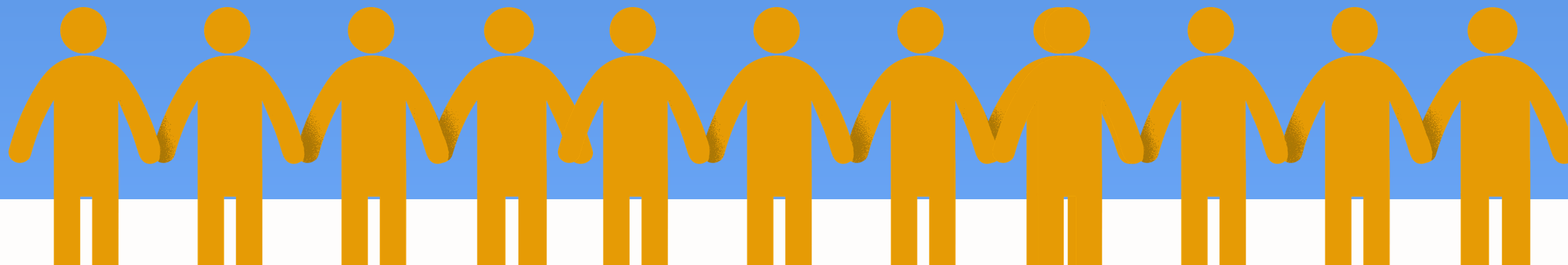
**Non-Nursing Professional
Members: 15**

Lifetime Members: 3

**Nursing Student Members:
1,031**

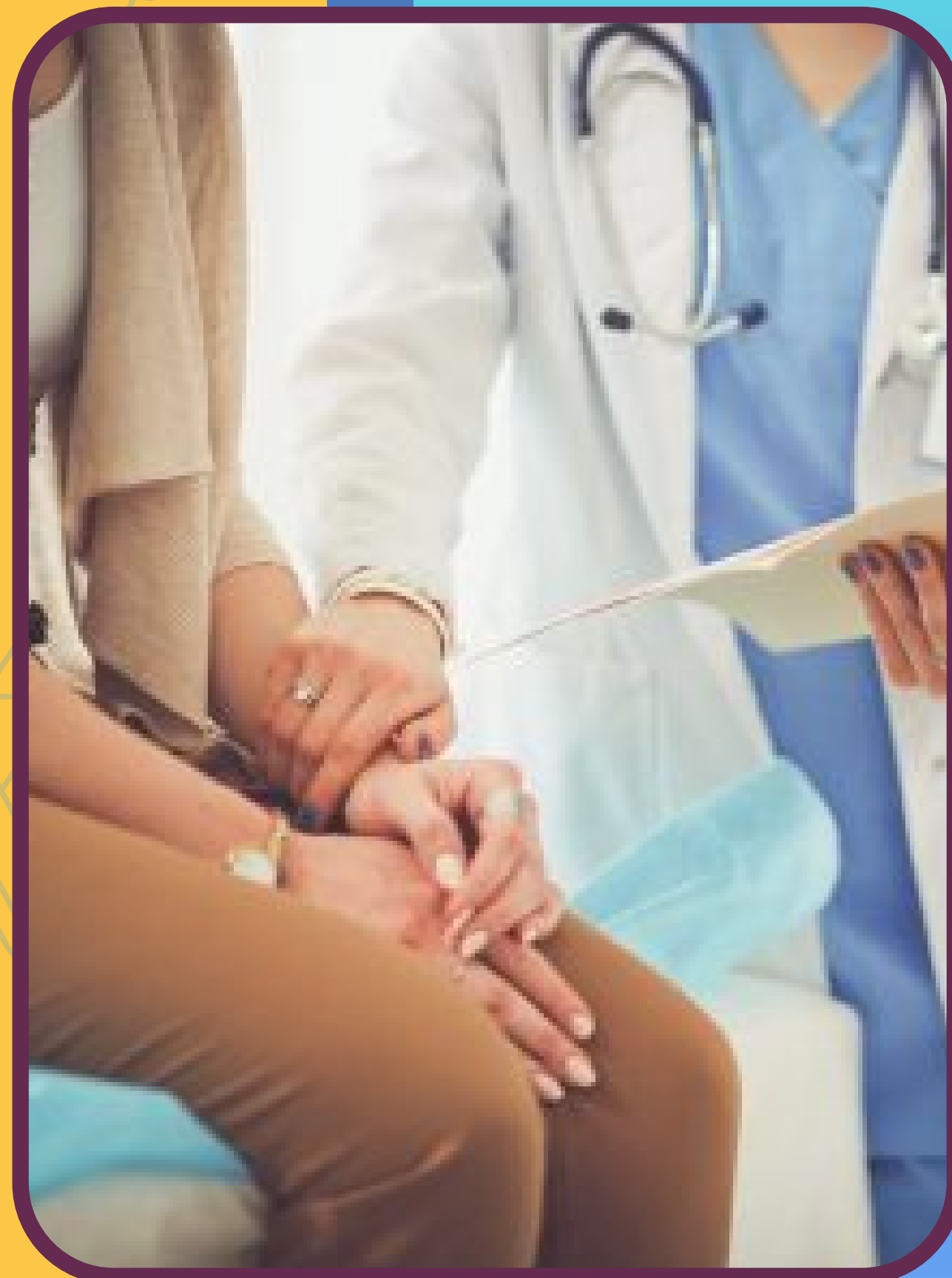
**Nursing Professional
Members: 267**

Founding Members: 42





RHSC
REPRODUCTIVE
Health Service Corps





REPRODUCTIVE HEALTH SERVICE CORPS



The Reproductive Health Service Corps (RHSC) is a statewide California full-spectrum sexual and reproductive health training initiative, funded by the California Department of Health Care Access and Information.

THE HISTORY

The formation of RHSC resulted from the collaborative efforts of six organizations - NSRH, TEACH, ACTIONS, CSU East Bay, Black Midwifery Fellowship, and UCSF School of Nursing. These organizations united before RHSC's establishment, bringing their collective experience and resources to expand sexual and reproductive health education and training across the healthcare workforce, which now represents the broader purpose of RHSC.





NSRH'S ROLE IN RHSC



OUR ROLE

Each partner in RHSC focuses on a different sector of the healthcare workforce. NSRH provides didactic education and clinical training opportunities in sexual and reproductive healthcare and justice for the Interprofessional Healthcare Team - RNs, LVNs, Doulas, Medical Assistants, Paramedic/ EMTs, and Community Health Workers - within a safe and supportive community committed to disrupting systems of oppression that exist within the SRH sector.

OUR APPROACH

NSRH works from an interprofessional perspective, bringing together teams of people at various stages in the work.

We also focus on abortion care to scope of practice. For example, we're working with experts across different disciplines to identify where these various professions intersect with abortion care provision, understanding exactly what their scope is and what kind of support they provide.



SRH CERTIFICATE



NSRH is responsible for building curriculum for six professions - RNs, LVNs, paramedics, EMTs, doulas, community health workers, and medical assistants. To address this, NSRH is developing a comprehensive Sexual and Reproductive Health certificate program.

The certificate program consists of eight courses. Each course begins with an introductory material that covers the foundational knowledge every healthcare provider should have about contraception, abortion, and pregnancy options counseling. After completing the introductory section, participants transition into profession-specific coursework tailored to their roles and responsibilities.

ADVISORY COUNCIL



The NSRH Advisory Council is a multidisciplinary group of six clinicians, advocates, and educators from California who help guide NSRH's curriculum development and delivery to address the diverse needs of healthcare professionals. Members bring expertise in education and training requirements, licensing and scope of practice in California, key players in their disciplines, and familiarity with Reproductive Justice principles.

During the council's initial six-month term, the focus was on three main objectives:

- **Understanding** general education, training, and licensing requirements for each discipline.
- **Surveying** existing healthcare workers, particularly regarding **abortion care**, to identify overlaps and gaps within and across disciplines.
- **Collecting** feedback to prioritize key topics and determine effective methods for disseminating educational materials based on each profession's existing practices.

Nurses for Sexual & Reproductive Health



2023 - 2024

Thank you!



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health