



Karen Edlund Future Nurse Leader Fellowship

Application Guide

Fellowship Overview

The **Karen Edlund (KE) Future Nurse Leader Fellowship** fuels nursing students to leverage their power and become leaders in sexual and reproductive health (SRH), Reproductive Justice (RJ) and reproductive rights (RR). We believe that through intentional support and development of historically excluded nurses, we can shift the power structure of nursing and transform healthcare to not only include but celebrate sexual and reproductive health.

Over the course of six months, Fellows will gain:

- Understanding of SRH, RJ and RR
- Professional & leadership skills
- Relationships with key SRH providers and advocates
- Skills, tools, and resources for navigating the healthcare system and challenging white supremacy

During the six-month period, Fellows will commit to an average of **3 hours/week of study and action**. This will include virtual events and webinars, peer-to-peer role discussions, professional development coaching sessions, and individualized study through the NSRH Online Institute (*one course/week*).

For their participation, Fellows will receive a **stipend of \$1,000** as well as free access to NSRH events and activities.

Who can apply?

The Fellowship is designed to provide targeted resources and support to a cohort of **historically excluded nursing students** in our Network (especially Black, Indigenous and Latinx) to help them fulfill their leadership goals. Therefore, we are seeking applicants who:

- Attend an ADN or LPN program, and/or
- Attend an HBCU (Historically Black Colleges and Universities), HSI (Hispanic Serving Institutions), or TCU (Tribal Colleges and Universities), and/or
- Attend a University or program in an *underrepresented region**, and/or
- Represent an *historically excluded group within the sector***, and
- Are interested in developing themselves as nurse leaders in SRH by either starting NSRH Chapters or leading other relevant efforts on their campuses.

**Underrepresented regions* include states where there is little to no NSRH Chapter representation and there are increased barriers to accessing sexual and reproductive healthcare.

***historically excluded* include nursing students who identify as Black, Indigenous, Latino/a/x, Asian, and/or Hawaiian/Pacific Islander. LGBTQ students will also be considered.

Preparation & Deadlines

Applications must be submitted online. Applications for 2022 will be released March 21st for NSRH Student Members and March 28th for the general population. Applicants will be notified about whether or not they have been accepted in May 2022.

The application will take **approximately 30 minutes** to complete, and it will include questions such as:

- Why do you want to be a KE Future Nurse Leader Fellow?
- How would the Fellowship help you achieve your academic and professional goals?
- How do you plan to use the Fellowship to advance SRH, RJ, and/or RR in your community?

Application Requirements:

- Letter of good standing or current transcript from academic institution
- 1-2 references
- Nurse Leaders Project proposal (see below)

Nurse Leader Project Proposal

Fellows will complete a proposal for the **Nurse Leaders Project** they will work on throughout the course of their Fellowship. The goal of the Nurse Leaders Project is to help students achieve their personal and professional goals while *advancing SRH, RJ, and RR in their community*.

Project examples include:

- Reproductive Justice Teach-In
- Sexual Assault Nurse Examiner student seminar
- NSRH Abortion Care Education (ACE) Elective campus symposium
- Transgender local community health guide
- Abortion Fund Fundraiser Event

Fellows will present their final projects at the **graduation event**.

To complete the Proposal, applicants will need to provide:

- **Project summary** (100 word limit)
- **Problem Statement:** Describe the issue or need you are trying to address in your community. (250 word limit)
- **Project Description:** Please describe your project objectives and what activities you will do to accomplish them. Be sure to include any partnerships or resources you will use. (500 word limit)
- **Milestones:** Name three to five milestones throughout your project timeline you will hit as you accomplish your goal. Be sure to include any important dates.
- **Project Budget** (opt): Fellows can apply for up to \$300 of funding from NSRH to support them in completing their project. Funds can be used for event production costs and marketing, research costs, software, or specialized education needed by the applicant such as conference attendance or special courses. Funds cannot be used for alcohol. Fellows who are requesting funding support will need to upload a budget.
- **Budget Narrative** (opt): What are these costs, and how will they help you accomplish your goal? Please explain if you plan to raise any funds. (250 word limit)
- **Evaluation:** How do you plan to measure your success and impact? (250 word limit)